



المدرسة العالمية الأمريكية
UNIVERSAL AMERICAN SCHOOL

Al-Futtaim Education Foundation

STAY HOME IF UNWELL POLICY

Date of Review	02 September 2024
Next Review Date	01 September 2025
Owner	Director
Author	Dr. Asra Syeda
Version	Version 1
Policy Type	Board
Circulation	Internal
Date Authorised	02 September 2024
Authorised By	Board of Governors



Purpose/Scope:

- To prevent the spread of infections by cross contamination.
- To ensure the sick child takes enough rest.
- To enhance speedy recovery from the illness.
- To prevent the risk of development of a more serious health condition.
- To boost the immune system to decrease the risk of future illness.

Policy Statement:

- If your child has fever (temperature more than 37.5 Celsius), keep him/her home until he/she is fever free for at least 24 hours without the use of any fever reducing medications.
- If your child has vomiting and is feeling unwell, keep him/her home until 24 hours after their last episode.
- If the child has diarrhoea and is feeling unwell, keep him/her home until 24 hours after their last episode.
- If your child has vomiting associated with diarrhoea, keep him/her home from school until 48 hours after their last episode.
- If your child shows any of the symptoms of upper respiratory infection like cough, runny nose, shortness of breath, sore throat, loss of smell, loss of taste and headache, keep him/her home until he/ she is free of symptoms.
- If your child has streptococcal sore throat, keep him/her home until 24 hours after starting an antibiotic.
- If your child has bacterial/viral conjunctivitis, keep him/her home until 24 hours after starting an antibiotic.
- If your child has a known contagious infection like chickenpox, measles, mumps, rubella, hand-foot-mouth disease, influenza, keep him/her home until he/she is free from the infection.
- Children taking antibiotics for contagious bacterial infections should be kept home for 24 hours after their first dose.
- If your child is unable to participate in normal everyday activities, such as PE or outdoor play, then the child should not be in school.



المدرسة العالمية الأمريكية
UNIVERSAL AMERICAN SCHOOL

Al-Futtaim Education Foundation

Reporting Requirements:

A child who has suffered from a known contagious infection like chickenpox, measles, mumps, rubella, hand-foot-mouth disease, influenza should provide a medical fitness certificate to the school clinic from the treating physician that the child is fit and free from infection before attending school.

Dr. Asra Syeda
School Doctor